

2025 EAGLES QUARTERBACK AND RECEIVING/SKILLS CAMP



Camp Director - Jeremiah Behrendsen
Jeremiah.Behrendsen@jeffco.k12.co.us

2024 Metro South League Coach of the Year
20+ Years HS Coaching Experience
13 All State Quarterbacks
19 All State or All Colorado Skill Position Players
5 Time State Semi-Finalist

Register at: dakotaridgesports.org
Cost: \$125



Monday Evenings: 3/31-5/19
8 - One Hour Sessions
6:30-7:30 pm

Grades: 4-8

Any athlete interested in QB or WR play (or other skill position players looking to improve ball skills and receiving ability).

Location: Dakota Ridge HS Football Field
13399 W. Coal Mine Ave. (C-470 & Bowles)

What to Bring: Age Appropriate Football, T-Shirt, Shorts, Cleats and Tennis Shoes

Camp Objectives: Offer quality instruction around QB play and receiving (ball skills, catching ability, footwork & route running)

EAGLES SKILL POSITION CAMP

2025 EAGLES LINEMAN CAMP



Camp Director - Jeremiah Behrendsen
In collaboration with Hogs House!!
Jeremiah.Behrendsen@jeffco.k12.co.us

2024 Metro South League Coach of the Year
20+ Years HS Coaching Experience
21 All State O/D/Edge Linemen
5 Time State Semi-Finalist

Register at: dakotaridgesports.org
Cost: \$125



Monday Evenings: 3/31-5/19
8 - One Hour Sessions
6:30-7:30 pm

Grades: 4-8

Anyone interested in offensive and/or defensive line play.

Location: Dakota Ridge HS Football Field
13399 W. Coal Mine Ave. (C-470 & Bowles)

What to Bring: Helmet, Shoulder Pads, Shorts Practice Jersey, Cleats and Tennis Shoes

Camp Objectives: Offer quality instruction around offensive & defensive line play...stance, starts, pulls, run/pass blocking, 1 & 2 gap DL techniques, pass rush moves, block destruction, etc.

EAGLES LINEMAN CAMP

2025 EAGLES SPEED + AGILITY CAMP

Camp Director - Jeremiah Behrendsen
Jeremiah.Behrendsen@jeffco.k12.co.us

2024 Metro South League Coach of the Year
20+ Years HS Coaching/Training Experience

Register at: dakotaridgesports.org
Cost: \$125 (Use QR Code Below)

**Includes: 5 Week Camp, T-shirt, Popsicle Fridays
and Camper of the Week Treats!**

Monday/Wednesday/Friday Mornings

No Camp on Friday 7/4

Grades 2-9: June 9-July 11

9:00-10:15 am

Grades 10-12: May 28-July 4

10:30-11:30 am

Grades: 2-12

All Kids Welcome!



Location: DRHS Football Field & Upper Fields
(Gym will be used in the event of inclement weather)
13399 W. Coal Mine Ave. (C-470 & Bowles)

What to Bring: T-Shirt, Shorts, Tennis Shoes & Water Bottle

Camp Objectives: This camp is designed for Elementary thru High School student-athletes to have fun and grow towards their full athletic potential. Sessions benefit athletes of all sports and are designed to help increase stamina, strength, power, agility and many other qualities needed to succeed as a student-athlete.

Camp Sessions include: Plyometrics, resistance training, form running, coordination drills, uphill/downhill training, acceleration and deceleration training, change of direction drills, cardiovascular endurance training, sprint mechanics training. Use of fun training manipulatives such as mini hurdles, ropes, ladders, reaction balls, bungees, speed chutes, etc.

SPEED + AGILITY CAMP

2025 YOUTH SUMMER FULL CONTACT CAMP

Camp Director - Jeremiah Behrendsen
Jeremiah.Behrendsen@jeffco.k12.co.us

2024 Metro South League Coach of the Year
20+ Years HS Coaching Experience
5 Time State Semi-Finalist

Register at: dakotaridgesports.org

Registration closes 7/9

This camp is included in your DRSA football registration. Do the free/current player registration if you are playing DRSA football.

Non-DRSA football players are welcome. Use the above link to register and pay the \$100 fee.

Friday 7/11 5:30-7:00 pm

Saturday 7/12 9:00-10:30 am



Location: Dakota Ridge HS Football Field
13399 W. Coal Mine Ave. (C-470 & Bowles)

What to Bring: Helmet, Shoulder Pads,
Practice Jersey, Football Pants with Pads,
Cleats, Mouthpiece.

Included in your DRSA youth football registration!
Non-DRSA players are welcome, cost is \$100.
Please register at dakotaridgesports.org

EAGLES YOUTH CONTACT CAMP